Volunteer Opportunity

The Girls on the Run coaching experience

- 90-minute practices 1-2x per week
- 10 weeks
- Lead girls through evidence-based curriculum that boosts confidence
- Foster a culture of inclusion and acceptance
- Work closely with co-coaches
- Empower girls during key years
- Receive season-long support and resources from Girls on the Run
- Do not have to be a runners OR

athletes 99% of coaches agreed that

> coaching Girls on the Run

was a valuable

experience







How to get started

- Complete online application for a NEW or RETURNING coach www.gotrri.org/coach
- Provide a Background check (guidance will be provided)
- Complete 1-2 hours of online training
- Attend an in-person or council specific coach training

