



Girls on the Run or Heart & Sole Site Liaison

Girls on the Run RI inspires girls of all abilities to strengthen confidence and other important life skills through dynamic, interactive lessons and physical activity. A Girls on the Run Site Liaison is ready to bring Girls on the Run (for 3rd-5th graders) or Heart & Sole (for 6th-8th graders) to their community and is responsible for managing their GOTR site by working closely with the GOTRRI Program Staff.

Site Liaison's Responsibilities & Checklist



Getting Started

1. Complete the site application, with the approval from the principal or site director
2. Identify two 90-minute sessions for the team to meet each week
3. Arrange safe indoor & outdoor meeting locations
4. Recruit at least two coaches (Head Coach + Coach) for the site and ensure they meet the necessary requirements and complete the coach application
5. Maintain open lines of communication with program staff regarding any questions or concerns, registration issues, program promotion, site changes, feedback, etc.

During Participant Recruitment:

1. Promote the program and manage participant recruitment process
2. Ensure the team meets size requirements and all GOTR compliance standards
3. Provide access to registration process/materials for all families and assist with completion as necessary such as hosting a registration event if families at your site do not have internet access

Throughout the Season:

1. Support coaches in program implementation
2. Serve as substitute coach if needed (must complete a coach application and attend coach training)
3. Champion Girls on the Run at your site, recognize the coaches dedication of time, talents and energy, support the Community Impact Project, and celebrate the accomplishments of the participants after the 5K

Questions?
We are here for you!

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