



# Site Liaison



## Girls on the Run or Heart & Sole Site Liaison

Girls on the Run RI inspires girls of all abilities to strengthen confidence and other important life skills through dynamic, interactive lessons and physical activity. A Girls on the Run Site Liaison is ready to bring Girls on the Run (for 3rd-5th graders) or Heart & Sole (for 6th-8th graders) to their community and is responsible for managing their Girls on the Run site by working closely with the Girls on the Run RI Program Staff.

## Site Liaison's Responsibilities & Checklist



### How to Get Started:

1. Complete the site application, with the approval from the principal or site director
2. Identify two 90-minute sessions for the team to meet each week
3. Arrange safe indoor & outdoor meeting locations
4. Recruit at least two coaches (Head Coach + Coach) using Girls on the Run provided recruitment flyers
5. Maintain open lines of communication with Girls on the Run Program Manager regarding any questions or concerns, registration issues, program promotion, site changes, etc.

### During Participant Recruitment:

1. Communicate with Girls on the Run Program Manager all document translation needs
2. Promote the program and manage participant recruitment process
3. Ensure the team meets size requirements and all Girls on the Run compliance standards
4. Provide access to registration process/materials for all families and assist with completion
  - a. help us host a registration event on site
  - b. post on site's social media conduits
  - c. print flyers for coaches/teachers to handout

### Throughout the Season:

1. Support coaches in program implementation
2. Serve as substitute coach if needed (must complete a coach application)
3. Champion Girls on the Run at your site, recognize the coaches dedication of time, talents and energy, support the Community Impact Project, and celebrate the accomplishments of the participants after the 5K

## Questions?

**We are here for you!**

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